



Community Resources

THAT CAN HELP YOU THROUGHOUT THE YEAR!

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TEMPORARY HOUSING

The Gathering Inn

201 Berkeley Ave.
Roseville, CA

(916) 791-9355

Intake applications taken at 3:30 pm daily.

Overnight accommodation, supper and hospitality to homeless people.

(must have current TB test)

St. Vincent de Paul's

139 Riverside Ave., Roseville, CA

(916) 781-3303

Temporary shelter, food programs, emergency financial assistance, emergency transportation, Rent/Mortgage assistance, thrift store, free pharmacy services, employment services, job training, counseling information, budget counseling, youth programs, prison ministry, halfway houses for ex-offenders, burial of the indigent, embracing the lonely, forgotten, and alienated.

Home Start

410 Riverside Ave., Roseville, CA

(916) 782-6667

99 bed facility with 28 housing units. Transitional Housing program and shelter serving homeless children and their families. (*They DO NOT extend services to single adults*). They do help families who are chronically homeless, substance abusers, mentally ill, victims of domestic violence, teen parents, and the disabled.

Powerhouse Ministries

311 Market Street
Folsom, CA 95630

(916) 983-0658

Operates a 20 bed shelter for men, women, and children. Distributes food to people in need. Other services include parenting classes, anger management, 122-step drug and alcohol recovery courses, counseling, support to homeless, low income, and families of prisoners. Help with Utility payments prior to shut-off from Salvation Army REACH program.

Hope, Help & Healing

11960 Heritage Oak Place, #20
Auburn, CA 95603

(530) 885-4249

Faith based alcohol/drug programs and sober living environment facilities will help provide for the rehabilitation of men and women struggling with substance abuse and life recovery problems.

The Lazarus Project

PO BOX 1241
Roseville, CA 95678

(916) 772-6833

A Lazarus project participant is usually an individual who is homeless, or on the verge of homelessness who has sustained multiple losses in his or her home and family, friends and job, health and hope. In addition, participants may be recovering from alcohol or drug dependence, emotional or physical abuse as well as mental or physical impairment.

St. John's Shelter for Women and Children

4410 Power Inn Road
Sacramento, CA 95826
(916) 453-1482

Emergency shelter and supportive services for 100 homeless women and children. Maximum stay 60 nights. Initial stay 14 nights, extensions by the week thereafter.

Sacramento Area Emergency Housing Center – Women's Refuge (AKA:Next Move)

2988 35th Street
Sacramento, CA 95817
(916) 455-0415 or (916) 455-2160

Temporary emergency shelter, meals and transportation. Housing limited to 30 days.

Sacramento Area Emergency Housing Center (SAEHC) –SINGLE WOMEN & FAMILIES

2988 35th Street
Sacramento, CA 95817
(916) 455-2160

Shelter and transitional housing services for homeless families and single women. Housing relocation services.

Havens Transitional Housing Program

3333 Third Ave.
Sacramento, CA 95817
(916) 456-1980

Transitional housing program for homeless families. Priority is to families with children under age 12. Structured program promoting good parenting, clean and sober lifestyle, budgeting, debt repayment, attainment of educational/vocational goals, living wage, and permanent housing. On-site play care and homework center for children.

Francis House

1422 C Street
Sacramento, CA 95814
(916) 443-2646

Assistance with emergency shelter (motel vouchers for families, children). Direct voucher aid for shelter, greyhound discounts, bus tokens, and gasoline.

American Red Cross

8928 Volunteer Lane, Suite 100
Sacramento, CA 95826
(916) 368-3131

Bishop Francis A. Quinn Cottages

1500 North A Street
Sacramento, CA 95814
(916) 492-9065

Transitional housing to help homeless adults and two-person families who want to break the cycle of homelessness. Safe, secure affordable housing.

Maryhouse

1321 North C Street, Suite #32
Sacramento, CA 95814
(916) 446-4961

Sacramento Self Help Housing

(916) 341-0593

Helps people experiencing a housing crisis find safe and affordable housing.

Call for an appointment.

FOOD CLOSETS & PROGRAMS

St. Vincent de Paul - Roseville

139 Riverside Ave., Roseville, CA

(916) 781-3303

Food locker program, dining hall lunches, housing through New Beginnings and medical services.

They also provide clothing, furniture, hygiene, baby supplies and mail service throughout the community.

Placer Food Bank

1125 Circuit Ave., Roseville

(916) 783-0482

Food

Salvation Army - Roseville

100 Lincoln Street, Roseville, CA 95678

(916) 784-3233

Food, shelter & clothing.

Adventure Church

6401 Standford Ranch Rd. Roseville

(916) 771-5683, ext. 1130

Food.

Loomis Basin Food Closet

4414 Brace Rd. Loomis

(916) 652-5278

Food

The Salt Mine

590 G Street, Lincoln

(916) 645-3778

Food & hot meals.

Auburn Interfaith Food Closet

2985 Richardson Dr.

Auburn, CA

(530) 885-1921

St. Vincent de Paul - Folsom

307 Montrose Dr., Folsom, CA 95630

(916) 985-4630

Monday, Wednesday, and Friday 9 am – noon

Emergency food for needy once a month up to 12 times a year. Id required, 95630 address verification from a utility bill or rent receipt.

Twin Lakes Food Bank - Folsom

327 Montrose Drive, Folsom CA, 95630

(916) 985-6232

Tuesday: 9:00 a.m. – 12:30 p.m. and 4:30 p.m. – 7:00 p.m.

Wednesday: 9:00 a.m. – 12:00 noon

Thursday: 9:00 a.m. – 12:30 p.m.

Serves zip codes: 95630, 95662, 95746, and 95762 only.

Food closet and clothes closet. Requires verification of current address.

Loaves & Fishes – MARYHOUSE (for women & children only)

1321 North C Street, suite 32, Sacramento, CA 95814

(916) 446-4961

Monday – Friday 8 am – 2:30 pm.

A free hot nutritious lunch is served seven days per week from 11:30 am – 1 pm, and many other services provided on a walk-in basis.

Carmichael Presbyterian Church – Food Closet

5645 Marconi Ave., Carmichael, CA 95608

(916) 483-9232

Area served: 95608, 95610, 95621, 95660, 95821, 95825, 95841, 95842, and 95843 – only.

Monday-Friday 10am-noon, food requests 2-3:30 pm food pick up

Emergency and supplemental food to the hungry once a month but no more than six times in a 12 month period.

Cathedral of Praise & Worship Center – Food Program

2875 Meadowview Rd, Sacramento, CA 95832

(916) 568-7606

Tuesday noon – 1 pm

Food bag give away every Tuesday.

Central Downtown Food Basket

1701 L Street, Sacramento, CA 95814

Cross streets: 17th & L streets

(916) 761-5624

Free bay of groceries Thursday only at Goethe Hall, 1701 L Street, from 10 am – noon. Walk-ins ok, identification required for every member of the family.

Daughters of Zion

6489 47th Street, Sacramento, CA 95823

(916) 422-3875

Every Thursday 1:00 p.m. – 3:00 p.m.

Provides one box of food every 30 days.

Food baskets and nearly new clothing to needy families.

Orangevale Seventh Day Adventist – Food Closet

5810 Pecan Ave., Orangevale, CA 95662

(916) 967-0405

Orangevale residents only, zip code 95662

Emergency food for need people. Clients can use food and clothes closets once a month.

Elk Grove Food Bank Services

9820 Dino Drive, Suite 140

Elk Grove, CA 95624

(916) 685-8453

Food distribution hours: Monday – Friday 10:00 a.m. – 2:20 p.m./Saturday 9:00 a.m. – 11:30 a.m.

Regular food box service is once a week.

Loaves & Fishes – Dining Room

1321 North C Street, Sacramento, CA 95814
(916) 446-0874
Monday - Friday 11:30am – 1pm
Saturday - 11:00 am – 12:30 pm
Sunday - 11:00 am – noon
Free hot lunch. First come, first served

Loaves & Fishes – Friendship Park

1300 North C Street, Sacramento, CA 95814
(916) 443-7378
Monday – Friday 7 am – 2:30 pm
Daytime hospitality center in a park setting for homeless men, women and children.
Breakfast, recreation activities, short-and long-term locker storage, free telephones, library, shower, bathroom facilities, free ice and dog kennels for daytime use.

River City Community Services

1800 28th Street, Sacramento, CA 95816
(916) 446-2627
Eligibility; residents of Sacramento County.
A three-day supply of emergency food, including baby formula, can be obtained on a drop-in basis or by referral once a month. Hours: Monday-Friday 11:30 a.m. – 3:00 p.m.

Sunday Lunch Program

3333 Third Ave, Sacramento, CA 95817
(916) 456-1980
Sunday noon – 1 pm
Brown bag lunch served each Sunday except holidays.

Salvation Army – Food Box

241 North 10th Street
Sacramento, CA 95814
(916) 442-0303
Food boxes are given out Monday – Friday from 8:30 am to 4:00 pm. People in need of emergency assistance can receive help with food up to six times a year, and not more than once in the same month.

Salvation Army

3755 North Freeway Blvd., Sacramento, CA 95845
(916) 563-3700
Shelter, food & clothing.

Salvation Army

1200 North B Street, Sacramento, CA 95814
(916) 442-0331
Shelter services, lodging and meals to homeless single men and women for 30 days. Food closet, & food boxes.

St. Lawrence Catholic church – Sharing God’s Bounty

4325 Don Julio Blvd. North Highlands, CA 95660
(916) 332-4777
Thursdays 5:30 pm, food bags when available, Thursdays 6-7 pm meal.
Free meal on Thursday evenings at 6pm. Open to anyone. No income requirements, address verification, or age limitations.

St. Vincent de Paul Society – Parkway/Valley Hi

7580 Center Parkway, Sacramento, CA 95823

(916) 733-2010

Monday 9:45 a.m. ticket pick-up; 11:00 a.m. food distribution to ticket holders until food runs out.

Eligibility – residents of 95823 zip code.

Food closet.

Union Gospel Mission

400 Bannon Street, Sacramento, CA 95814

(916) 447-3268

Dinner every day at 8:30 p.m. Eligibility: participants must attend chapel service 7:30 – 8:30 p.m.

Free lunch on Sundays at 12:30 p.m. Eligibility: participants must attend chapel at 11:00 a.m.

Overnight stay is only for men.

Arcade Baptist Church

3927 Marconi Ave.

Sacramento, CA

(916) 972-1617

Food bank

Capital Christian Center – Food Bank

9470 Micron Avenue

Sacramento, CA 95827

(916) 856-5683

Monday – Friday 8:00 a.m. – 12:00 noon and 1:00 p.m. – 5:00 p.m.

Applicant may receive one basket of food each month.

New Hope Community Church of Sacramento

1821 Meadow View Road

Sacramento, CA 95832

(916) 422-3370

Open every Thursday at 2:00 p.m. Sign-ups start at noon.

Provides a week of food.

Sacramento Emergency Meals - INFOLINE # (916) 498-1000

Salvation Army – 784-3233

American Red Cross – 368-3131

Sacramento Hunger Commission – 447-7063, www.whyhunger.org

LEGAL SERVICES

- **Free Legal Services – Placer County**
(530) 889-7475
www.placerco.org
- **Free Legal Services – Sacramento County**
(916) 551-2140, or 1-800-222-1753
- **Lawyer Referral and Information Service**
(916) 444-2333
Service for people requiring the services of an attorney. Set one-half hour consultation appointments with an attorney for any member of the public calling in.
- **Mediation Services**
Placer Dispute Resolution Services
(916) 645-9260
- **Child Advocates of Placer County**
(530) 887-1006

Placer County Chaplaincy

www.placerchaplains.com

(916) 663-2427

Chaplains are first responders who are trained in crisis care. The Chaplain's role frequently includes crisis counseling for ALL situations including depression and anxiety, suicide intervention, domestic violence and child abuse intervention, and grief and bereavement.

Additionally they can provide information and resources, arrangement for emergency food, clothing, transportation and/or shelter, and referral to a broad network of public and private agencies including the Salvation Army, American Red Cross and others.

Chaplains also follow up on the personal welfare of victims and provide additional emotional and spiritual support.

When deployed, a Chaplain will arrive on the scene typically within ten to twenty minutes of being called.

EMPLOYMENT ASSISTANCE

Roseville Agencies

Golden Sierra Job Training Agency

1880 Sierra Gardens Dr.
Roseville, CA 95661
(916) 746-7722

Appleone Temporary & Full-Time

3300 Douglas Blvd.#170
Roseville, CA
(916) 782-0632

Certified Employment Group

1380 Lead Hill Blvd. #205
Roseville, CA
(916) 771-6886

Express Employment Professionals

5701 Lonetree Blvd. #302
Rocklin, CA
(916) 781-0177

Adecco Staffing

3741 Douglas Blvd., #300
Roseville, CA
(916) 784-2400

Aardvark Staffing

3017 Douglas Blvd.
Roseville, CA
(916) 774-7115

Pride Staff

1850 Douglas Blvd., #906
Roseville, CA
(916) 757-6100

Dynamic Staffing Inc.

1830 Sierra Gardens Dr. #20
Roseville, CA
(916) 773-3900

Select Personnel Services

1540 Eureka Rd.
Roseville, CA
(916) 771-2215

Ultimate Staffing

2999 Douglas Blvd
Roseville, CA
(916) 786-3336

Sacramento Agencies

Pride Industries

10030 Foothills Blvd.
Roseville, CA 95747
(916) 788-2239

ERP@PRIDEindustries.com

Offers comprehensive employment re-entry services to individuals transitioning from the criminal justice system. We treat people as individuals, work with them to identify and capitalize on their strengths, create choices and options, and help them make important contributions in their community.

Sacramento Works One-Stop Career Center

2411 Alhambra Blvd., #110
Sacramento, CA 95818
(916) 324-6202

Connects job seekers to employers. On-the-job training, and placement services are available to low-income Sacramento County residents ages 16+.

Employment Plus

3463 Ramona Ave.
Sacramento, CA 95826
(916) 973-1966

Support and training in employment, community integration, and self advocacy as directed by each consumer with the goal to enable each individual to optimize independence, access the community, and become employed.

Labor Ready

7777 Sunrise Blvd., #2300
Citrus Heights, CA
(916) 723-9675

Temporary day job while your waiting for full time work.

Calworks

Fulton Avenue Bureau
2700 Fulton Avenue
Sacramento, CA
(916) 874-3800

Employment development, childcare, work study, tutoring, counseling, and transportation services.

Calworks

North Highlands Bureau
5747 Watt Avenue
North Highlands, CA
(916) 876-8000

CHILDREN & FAMLIES ASSISTANCE

Child Advocates of Placer County

(530) 887-1006

We advocate for children's best interest in the courtroom.

Child Protective Services (CPS)

(916) 875-5437

Report Child Abuse.

Infoline Sacramento

(916)498-1000

Thousands of resources for the Sacramento area including clothing, food, shelter, transportation & care.

Koinonia Foster Homes – Teen Drug Treatment Clinic

(916) 652-0171

www.kfh.org

or

www.teenanddrug.com

Triad Family Services – Foster Family Care and Intervention

(916) 572-7157

Sacramento Housing & Redevelopment Agency

(916) 444-9210

Affordable housing.

Access for Infants and Mothers

(AIM) program
(800) 433-2611

Low-cost health insurance for pregnant women from middle-income families who are not eligible for no-cost Medical.

Child Action, Incorporated-Resource & Referral Program

9961 Horn Rd.
Sacramento, CA 95827
(916) 369-0191

Free child care information and referrals to child care centers, family day care homes, nursery schools and before and after school programs.

Mother Baby Program

3333 Third Ave.
Sacramento, CA 95817
(916) 456-1980

Distribution of baby formula and food, disposable diapers. A three-day supply of these items offered once per month.

W.I.C. Program (Women, Infants & Children)

(916) 427-5500

Clinic sites throughout the County of Sacramento. Serves low income women, breast feeding or pregnant, and children ages 0-4 at nutritional risk, supplement food vouchers provided.

Children's Mental Health Counseling

(916) 875-2974

Free mental health counseling for children

Clothing for Women & Children

(916) 577-1969
Kidz Clothes Line
marciC@baysideonline.com

Medical Clinics

Placer County – Community Clinic

11583 C Avenue
DeWitt Center
Auburn, CA
(530) 889-7215

Folsom Family Clinic

105 Dean Way
Folsom, CA 95630
(916) 983-3658

Free Clinic for people who do not have insurance. Infant and child healthcare, general & family medicine, preventive care, including: cancer screenings, immunizations, and physical examinations.

Mercy Clinic Loaves & Fishes

1321 North C Street #22

Sacramento, CA 95814

(916) 446-3345

General medical care provided free to homeless persons with urgent medical needs.

White Rock Family Clinic

10487 White Rock Road

Rancho Cordova, CA 95670

(916) 364-0724

Free clinic for people who do not have insurance. Infant and child healthcare, general and family medicine, preventive care, including: cancer screenings, immunizations, and physical examinations.

The Gathering Inn

201 Berkeley Avenue

Roseville, CA 95678

(916) 791-9355

12 step meetings, community health clinic open every Saturday, a specialized shelter for after hospital care, free clothing.

CHAPA-DE

Indian Health Program, Inc.

11670 Atwood Road

Auburn, CA

(530) 887-2800

Medical, dental and behavioral health services for persons that reside in Placer, Nevada, Sierra and Yolo counties. Chapa-De uses a sliding fee scale to determine patient fees for services. The scale is based upon income and number of persons in the family.

SENIOR ASSISTANCE

A.A.R.P. – Job Seekers

4640 Marconi Avenue
Sacramento, CA
(916) 483-5991

Are you 55 years old or older and need a job? The AARP Foundation Senior Community Service employment Program can help you sharpen your skills, obtain training and find a job.

ComForcare Senior Services

2007 – A Opportunity Dr. #6
Roseville, CA 95678
(916)784-9233

Non-medical home care services provided. Housekeeping, laundry, reading, games, grooming, bathing, etc.

Home Instead Senior Care

Sacramento County – (916) 920-2273
Placer County – (530) 885-3904

Companion services, meals, medication, reading, pay bills. Home Helper Services, housekeeping, pet car, escort services, etc.

Home Assistance & Repair Program for Seniors

1013 Seventh Street, Suite 200
Sacramento, CA 95814
(916) 264-1515

Skilled volunteers assist senior homeowners by performing minor repairs on seniors' homes.

Senior Citizens Services

8175 Signal Court, Suite M
Sacramento, CA 95824
(916) 381-7794

Emergency food distribution. People who are destitute or need emergency food may receive one-time-only help.

The Senior Connection

5105 Manzanita Ave.
Carmichael, CA 95608
(916) 334-1072

Miscellaneous

- **ACCESS Crisis & Emergency services, 24 hour emergency response service for children and adults in crisis, toll free - 888-886-5401**
- **Alcohol Drug Programs
888-421-6831
<http://www.recovery.org/browse/sacramento-ca/>**
- **By Design Financial Solutions (formally Consumer Credit Counselors) 800-750-2227**
- **Child Protective Services, Roseville – 916-784-6060**
- **Child Protective Services, Auburn – 530-886-5450**
- **Child Protective Services, Sacramento – 916-875-6437**
- **Children’s Receiving Home – 530-889-7710**
- **Foster Family Care & Intervention, Triad Family Services – 916-631-0771**
- **Mental Health Crisis Intervention – 888-886-5401**
- **Money Matters in Marriage-Financial consulting. (916) 782-7830**
- **Placer County Chaplaincy Crisis Care – 916-663-2427**
- **P.E.A.C.E. for Families – domestic violence & sexual assault.
(916) 773-7273**
- **Substance Abuse Treatment Resources – 916-787-8800**
- **Suicide Prevention Crisis Line, Placer County – 916-773-3111**
- **Suicide Prevention Crisis Line, Sacramento County – 916- 368-3111**
- **Teen Challenge Crisis Center, Sacramento – 916-443-3049**
- **W.E.A.V.E – (Women Escaping A Violet Environment) Domestic Abuse Hotline – 916-920-2952**

Utility Assistance Programs

SMUD – E.A.P.R. Program

(Emergency Assistance Program)

(866) 675-6624

Discount Electric rate for persons with limited income. Applications processed by the State of California.

Salvation Army Utility Assistance

(916) 442-0303

241 North 10th Street

Sacramento, CA 95814

Help with SMUD & PG&E bills.

Applications accepted from individuals in need not receiving CalWORKS, General Assistance or living in subsidized housing.

H.E.A.P. Home Energy Assistance Program

(916) 567-5200

Assistance with payment of utility costs.

Powerhouse Ministries

(916) 983-0658

Helps with utility payments *prior* to shut off.

Auto Repair Service

(People we trust!)

Kustom Classics

Contact: Greg Barker

3415 Swetzer Rd.

Loomis, CA

(916) 652-8322

gbkustomclassica@yahoo.com

Old Time Restoration

Contact: Matt Deleon

3485 Swetzer Rd.

Loomis, CA 95650

(916) 652-6582

Auto Pro

Contact: Tracy Shaefer

5344 San Juan Ave.

Fair Oaks, CA 95608

(916) 966-1168