

PARENT UNIVERSITY



Please join us for educational workshops for parents/caregivers in a variety of sessions to meet the needs of RUSD families.



When:

Thursday, September 28, 2023
6:00 p.m.-7:30 p.m.



Where:

Rocklin High School
5301 Victory Ln.



Who:

Parents, Guardians and
Community Members

RSVP by Scanning QR Code
or by Visiting

RUSDParentUniversityFall2023.eventbrite.com



Rocklin High
School Map



Session 1: 6:00 p.m. - 6:40 p.m.

H4



Supporting Your Student
in Math & Growth Mindset
(Grade K-6)

H7



Supporting Your Student with
a College Planning Timeline
(Grade 8-10)

J4



Early Literacy
(Grades TK-2)

J5



Looking Below the Surface

J6



Safety on Social Media

J7



Love and Logic
(TK-6)

Library



Healthy Relationships
& Online Safety

Session 2: 6:50 p.m. - 7:30 p.m.

H4



Integrated 1 Math
Learning for Parents
(Grade 7-12)

H7



Supporting Your Student with
a College Planning Timeline
(Grade 8-10)

J4



Early Literacy
(Grades TK-2)

J5



Looking Below the Surface

J6



Safety on Social Media

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Love and Logic
(TK-6)

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SUPPORTING YOUR STUDENT IN MATH AND GROWTH MINDSET (K-6) - RUSD MATH INSTRUCTIONAL COACH

This session helps caregivers understand the power of a growth mindset. Topics covered include why math looks different compared to previous curriculum and how this approach sets students up for success. Strategies and resources will be provided to use at home to support learning.

$$(a+b)^2$$

INTEGRATED 1 MATH LEARNING FOR PARENTS (GRADE 7-12) - RUSD MATH INSTRUCTIONAL COACH

This session will help caregivers of Integrated 1 students learn some main math skills for this course and review top math skills to empower the caregiver to be a resource for their student at home.



EARLY LITERACY (GRADE TK-2) - RUSD INSTRUCTIONAL COACHES

Join this session for an engaging presentation on early literacy and learn about foundational techniques and resources to foster a lifelong love for reading and learning in young children.



LOOKING BELOW THE SURFACE - CORINNE BRODNICKI, LMFT/RUSD COUNSELORS

This session will help caregivers learn how to look below the surface to find any underlying mental health issues that may be impacting their child's functioning. Caregivers will also gain specific strategies for supporting their child's individual emotional health needs, in order to encourage their child's overall health.



SAFETY ON SOCIAL MEDIA - FBI AGENT

In the digital world we need to understand the internet from a child's perspective. This session will empower caregivers to know how to keep their children safe from becoming victims of online exploitation.



LOVE AND LOGIC (GRADE TK-6) - BANETTA BACCHI

Are you being worn down by these statements from your children? "I don't want to;" "You can't make me;" "This is so dumb;" "I hate this/you." This session will cover how to parent with connection, empathy and learn how to diffuse conflict with a simple phrase.



SUPPORTING YOUR STUDENT WITH THE COLLEGE PLANNING TIMELINE (Grade 8-10) - RUSD COLLEGE/CAREER CENTER AND COUNSELORS

This session will review the college admissions timeline to help students and caregivers prioritize the tasks for each year of high school in preparation for college. Resources, including the SCOIR platform, will be shared in order to help navigate the search process. (Target Audience - Caregivers of students in grades 8-10).



HEALTHY RELATIONSHIPS & ONLINE SAFETY - PLACER COUNTY OFFICE OF EDUCATION, PREVENTION, SUPPORTS & SERVICES

The session addresses the risks associated with the internet and social media while also promoting the importance of adopting safe online behaviors. It recommends suitable approaches for parents to engage in conversations with their children regarding these matters, offers preventive measures to minimize susceptibility and provides guidance on assisting young individuals in identifying and managing secure and precarious situations and relationships.