**Ruhkala School Safety Plan**

(based on: [CDPH Industry Guidance: Schools and School-Based Programs](#))

## Resources

**Ruhkala Specific Resources and Guidance:**
- [Ruhkala Health and Safety Reopening Expectation Matrix](#)
- [Ruhkala Hybrid School Wide Expectation Sheet](#)

**Rocklin Unified Recommended Resources**
- [RUSD Reopening of Schools Guidance](#)
- [CDPH Industry Guidance: Schools and School-Based Programs](#)
- [Responding to COVID-19 Outbreaks in the Workplace](#)
- [CDPH FAQs](#)
- [CDC Cleaning and Disinfecting Your Facility](#)

### Promote Healthy Hygiene Practices

Teach and reinforce washing hands, avoiding contact with one's eyes, nose, and mouth, and covering coughs and sneezes among students and staff.

- Additional signage/markers will be posted on campus and in classrooms as needed.
- Signage will be posted reminding students and staff of health and safety protocols.
- [Ruhkala Hand Washing/Sanitizing Hybrid Lesson Plan](#)
- [Mask Etiquette and Hygiene Hybrid Lesson Plan](#)
- [Physical Distancing Lesson Plan](#)

Develop routines enabling students and staff to regularly wash their hands at staggered intervals.

- All classrooms will have wall mounted hand sanitizer dispensers.
- Elementary classrooms will have students regularly wash their hands using the classroom sink.
- [Ruhkala Hand Washing/Sanitizing Hybrid Lesson Plan](#)

### Ensure Teacher and Staff Safety

Teach and reinforce use of face coverings, or in limited instances, face shields.

- [Mask Etiquette and Hygiene Hybrid Lesson Plan](#)
- [RUSD Front Office Re-Opening Plan](#)
- [COVID Protocol - School Site Offices](#)
- [MOU](#)

Ruhkala must exclude students from campus if they are not exempt from wearing a face covering under CDPH guidelines and refuse to wear one provided by the school. Students without a face covering will be sent to the office in order to get a district provided disposable one.
Conduct all staff meetings, professional development training and education, and other activities involving staff with physical distancing measures in place, or virtually, where physical distancing is a challenge.

- All Ruhkala Staff meetings will be conducted virtually or, when appropriate, with physical distancing protocols in place.
- MOU

Minimize the use of and congregation of adults in staff rooms, break rooms, and other settings.

- RUSD Front Office Re-Opening Plan
- COVID Protocol - School Site Offices

Implement procedures for daily symptom monitoring for staff.

- Self-Screening Document Provided to Staff

### Intensify Cleaning, Disinfection, and Ventilation

- Clean and disinfect frequently-touched surfaces within schools daily, and throughout the day as practicable, by trained custodial staff.
- Use cleaning products for use against COVID-19 on the Environmental Protection Agency (EPA) approved list “N” and follow product instructions.
  - Use disinfectants labeled to be effective against emerging viral pathogens, following label directions for appropriate dilution rates and contact times. Provide employees training on manufacturer’s directions, on Cal/OSHA requirements for safe use and as required by the Healthy Schools Act, as applicable.
- Custodial staff, that are responsible for cleaning and disinfecting school sites, will be equipped with proper protective equipment, including gloves, eye protection, respiratory protection and other appropriate protective equipment.
- Cleaning and disinfecting guidelines will be established to ensure safe and correct application of disinfectant and to keep products away from children’s reach (stored in a space with restricted access).
- Cleaning and sanitization supplies will be made available in the event a teacher desires to perform additional classroom cleaning/sanitization.
- A cleaning log will be displayed in each classroom/bathroom.

- Custodial Cleaning Procedures During Distant and Hybrid Learning

### Implementing Distance Inside and Outside of the Classroom

A hybrid A/B schedule allows students to be in-person on campus in small groups for multiple days each week.

- Ruhkala K-1 Hybrid Schedule
- Ruhkala 2-6 Hybrid Schedule

Classes are divided into alternating A/B schedules halving the number of students in a classroom on any given day. Consideration was given to groups for RSP, EL, consistent schedules for families, etc. as student placements were made.

Classroom/Instructional Spaces
Minimize movement of students and teachers or staff as much as practicable. Keep teachers with one group/cohort of students for the whole day.

- Elementary: Students will be grouped together by classes/groups (i.e.: student groups eat together and play together in one area).
- Designated “zones” for students have been established for recesses/lunches to avoid commingling, create efficient flow, and avoid congestion of students.
- Recess ZONE Map of Ruhkala
- Ruhkala Playground Hybrid Lesson Plan

Maximize space between seating and desks. Distance teacher and other staff desks at least six feet away from student desks. Arrange desks in a way that minimizes face-to-face contact.

- Desks/tables spaced to provide maximum physical distancing whenever possible.
- Elementary: Students may be assigned seating/desks as practicable. Flexible seating may be eliminated or limited to prevent cross contamination of surfaces.

Staff has developed instructions for maximizing spacing and ways to minimize movement in both indoor and outdoor spaces that are easy for students to understand and are developmentally appropriate.

- Hallway Hybrid Expectation Matrix
- Hallway Hybrid Lesson Plan
- Physical Distancing Lesson Plan

### Non-Classroom/Public Spaces

#### Arrival and drop off-times and locations.

- Arrival Ruhkala Hybrid Procedures and Expectations

#### Routes and procedures for exit.

- Dismissal Ruhkala Hybrid Procedures and Expectations
- Walkers Route During Dismissal

Limit nonessential visitors, volunteers, and activities involving outside groups.

- Campus access will be limited to staff, students, and parents/guardians on official business ONLY. (No volunteers and visitors on campus).
- Indoor campus facilities use will not be available for use by outside groups at this time.

Minimize congregate movement through hallways as much as practicable.

- Directional routes/markings, as applicable, for classes/students to move about campus safely and to avoid large groupings/congestion.
- Hallways shall be marked for one way egress and ingress as necessary.
- Attached Maps:
  - Second Grade to Lunch
  - Third and Fourth Grade to Lunch
  - Fifth and Sixth Grade to Lunch
  - Walkers Route During Dismissal

Serve meals keeping students together in their cohort groups, ensure physical distancing, and consider assigned seating.
Reduce or eliminate non-education large gatherings of staff and students including assemblies, rallies, athletic competitions, concerts, etc.

| Large gatherings will be suspended (i.e.: rallies, assemblies). |

## Limit Sharing

Ensure adequate supplies to minimize sharing of high-touch materials (art supplies, equipment, etc.) to the extent practicable or limit use of supplies and equipment to one group of children at a time and clean and disinfect between uses.

- Elementary playground equipment (balls, ropes, etc.) will be assigned to each class and used by that class only in a designated area. Equipment will be sanitized daily.

Avoid sharing electronic devices as much as practicable. Where sharing occurs, clean and disinfect between uses.

- Shared computers and other equipment will be regularly wiped down throughout the school day as feasible.

## Train All Staff and Educate Families

Communicate with staff about preventing the spread of COVID-19 if they are sick, including the importance of not coming to work if they have symptoms, or if they or someone they live with has been diagnosed with COVID-19.

- Staff Meetings will be used to train teachers and other staff on best practice and best current procedures.

For workers, teach COVID-19 specific symptom identification and when to seek medical attention

- Staff Meetings will be used to train teachers and other staff on best practice and best current procedures.

Implement the RUSD plan and procedures to follow when children or adults become sick at school.

- Remote health office has been set up and staff are being trained on best procedures for when a staff member or students becomes sick.

## Check for Signs and Symptoms

Conduct visual wellness checks of all students and/or establish procedures for parents to monitor at home. When checking temperatures, use a no-touch thermometer.

## Plan for When a Staff Member, Child, or Visitor Becomes Sick
Work with school administrators, nurses and other healthcare providers to identify an isolation room or area to separate anyone who exhibits symptoms of COVID-19.

Any students or staff exhibiting symptoms should immediately be required to wear a face covering and be required to wait in an isolation area until they can be transported home or to a healthcare facility, as soon as practicable.

Elementary Alternate Health Office Locations / COVID-19 Officers

### Maintain Healthy Operations

Designate a staff liaison or liaisons to be responsible for responding to COVID-19 concerns. The liaison should be trained to coordinate the documentation and tracking of possible exposure, in order to notify local health officials, staff and families in a prompt and responsible manner.

Elementary Alternate Health Office Locations / COVID-19 Officers

Maintain communication systems that allow staff and families to self-report symptoms and receive prompt notifications of exposures and closures.

### Considerations for Partial or Total Closures

Establish clear, data-based criteria for when partial or total school closures are necessary due to COVID-19 outbreak and spread.

Establish clear, data-based criteria for when classrooms or schools will reopen and the process to insure this happens in a matter compliant with health and safety guidance.