

Special Education in Rocklin

A Brief Overview

What is special education?

Special education is specially designed services for students who have a disability which impacts their ability to access general education curriculum.

To meet the needs of these students, they will receive an Individualized Education Plan (IEP) which describes their strengths and areas of growth, goals to help progress educationally, and services to meet these goals. They may also have additional supports such as a Behavioral Intervention Plan to help support behavior.

Students receive services in a variety of ways in order to meet their goals. Services should be provided in the least restrictive environment where students have the maximum amount of time with general education peers.

Resource Support Program (RSP)

Students generally in an ***RSP program have mild and moderate disabilities.***

RSP programs have students who come for a limited period of time during their school day and receive support in areas of need.

Students in RSP programs typically are functioning near grade level and may simply need accommodation or modification in order to access general education curriculum.

SDC - Non-Categorical

Students generally in an ***SDC program***, like RSP, ***have mild and moderate disabilities in various areas.***

SDC students typically receive special education services more than half of their day outside of the general education classroom. Students often “mainstream” into general education class for some part of the day.

Students in ***SDC Non-Categorical programs typically are functioning two or more grade levels below their typical age peers.***

SDC - Autism

An ***SDC-Autism program*** may be called different names including a ***Structured Teaching Program (STP) or Autism Spectrum Disorder (ASD)***.

These classes generally serve students who have autism. The students in the class will likely have some sort of ***speech delay or may be non-verbal***. They will likely be routine based and do well in structured rooms. The students will have difficulty with ***social cues***. The classroom will likely have lots of ***visuals and communication systems*** such as Picture Exchange Communication System (PECS) or Augmentative and Alternative Communication. They may also have emotional regulation strategies such as 5 Point Scale or Zone of Regulation.

SDC - Emotional Disturbance (ED)

An ***SDC-ED program*** serves students who have an ***inability to learn, problems in relationships, inappropriate behaviors, depression or other mental health concern, and/or develop physical symptoms or fears about personal or school problems.***

These programs serve students who often have average or above average cognitive abilities but are impacted by emotional and/or behavior concerns. These students often have extra supports such as ***individual or group counseling.*** Students may have difficulty with substitutes due to challenges with working with different adults. Students may need ***support emotionally or time away from situations.*** Often times a break is very helpful.

SDC - Independent Living Skills (ILS)

Several classes in the district work with students with ***more severe disabilities***. Some of these students are working towards more functional skills that will help prepare them to take care of basic needs.

Students in these classes are working on ***modified curriculum and may need support in basic tasks such as navigating campus, feeding, and toileting***. As each student has individual needs, it is vital to work with other staff in the room to support students as needed.

One on One

In some circumstances, ***students have a one-on-one adult support.*** This may be for a variety of reasons including mobility, behavior, academic, or other needs.

These students will likely have a ***Behavior Intervention Plan (BIP)*** and/or ***Health Care Plan (HCP)***. It is important to follow these plans. These will describe specific procedures on how to work with that student.

If you have questions, ask the supervising teacher and/or administrator.