



★ Air Attack Flag Football League

September 11 - October 30 (Saturdays)

- Coed Grades 1 - 2 Code #7079
- Coed Grades 3 - 4 Code #7078
- Coed Grades 5 - 6 Code #7080
- Coed Grades 7 - 8 Code #7081

The Flag Football, coed clinic series is packed with fun. This is a great way to have fun learning to throw and catch, cover & run without the worry of contact! Each day players will be challenged to do their best while learning to fall in love with the game of football. Emphasis will be on proper conditioning and warm-ups, footwork drills, agility, passing, receiving, and game strategies. Featuring: Quarterback challenge, games competitions, instruction and tons of fun! After the skills clinics, players participate in challenges & games. Includes jersey, flag set, instruction & games. Games and practices will occur on Saturdays. One hour practice, followed by a game.

Activity Fee \$170 Non-Residents \$180 Jersey Fee \$25

" MY KIDS LOVE THIS PROGRAM. THEY HAVE BOTH DEVELOPED CONFIDENCE, LEARNED SO MUCH AND ARE LOVING PLAYING." RENEE, MOM



PLACER COUNTY FLAG YOUTH FOOTBALL



These programs are being offered following the guidelines set forth by the CDC, American Camp Association, Placer County & the State of California.

- Equipment Cleaned before & after camp
- Camper sanitize hands before camp, at breaks & after camp

★ Space Is Limited! ★ Register now! ★

www.rocklin.ca.us/parks-recreation ★ 916.625.5000

SCHOLARSHIPS AVAILABLE: Every kid deserves the chance to play sports.
Apply online: **www.EveryKidSports.org**



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