

Rocklin Unified School District

Health Services

www.RocklinUSD.org/Health



WHEN STUDENTS OR STAFF HAVE SYMPTOMS, CLOSE CONTACT OR TEST POSITIVE

Based Upon Guidance From Placer County Department Of Health/CA Department of Public Health. This document is subject to change.

People with these symptoms may have COVID-19			Emergency warning signs
Fever (>100.4) or chills	Muscle or body aches	Sore throat	Difficulty breathing
Cough	Headache	Nausea	New confusion/delirium
Chills	New loss of taste or smell	Vomiting	Bluish lips or face
Fatigue	Congestion or runny nose	Diarrhea	Persistent chest pain or pressure

State Guidelines for schools, state district or individual school closure is recommended based on the number of cases, the percentage of teachers/students/staff that are positive for COVID-19, and following consultation with the Local Health Officer. Individual school closures may be appropriate when there are multiple cases in multiple cohorts at a school or when at least 5 percent of the total number of students & staff are infected or potentially infected in a 14 day time period.

One or more symptom of COVID-19 - which cannot be explained with documentation from a physician
Exclude from school for 10 days from symptom onset. May not return to school until 24 hours after symptoms resolve without fever-reducing medication.* Recommend testing - a COVID-19 test may shorten the 10-day exclusion.
Close Contact with a Positive COVID-19 Test
Exclude for 14 days from last exposure.* Recommend testing - a negative test will not shorten the 14-day quarantine.
Positive COVID-19 Test
Exclude from school for 10 days from symptom onset or test date. May not return to school until 24 hours after symptoms resolve without fever-reducing medication.*
Negative COVID-19 Test
Exclude from school. May return to school 24 hours after symptoms resolve without fever-reducing medication.*
Symptoms - No Test
Exclude from school for 10 days from symptom onset. May not return to school until 24 hours after symptoms resolve without fever-reducing medication.*

* Disinfection and cleaning of classroom and primary spaces where the case spent significant time will take place.

Additional Information from Placer County:

[Placer County Guidance](#)

[Flow Map for COVID-19 Cases](#)