## Ask RUSD: Student Wellness - Panelist Bios

#### **PANELISTS:**

Jenny Sneed (Counselor, Spring View Middle School/ District Head Counselor)

Jenny has been a school counselor for more than 24 years in both middle and high school environments. She has been in RUSD since 2004 (at SVMS), and serves as the District Lead Counselor, District Crisis Team member, site PBIS Tier 2 lead, and site Equity Committee member in addition to many district-level committees throughout the years. She has been a guest speaker for local Counseling graduate programs and supervised numerous school counseling interns.

She is a member of the American School Counseling Association, and throughout the years have attended numerous trainings in school counseling related topics such as working with trauma-impacted students, PBIS Tier 2 and 3 interventions, restorative justice, and mental health impacts in students/families. During this time of distance learning, she has attended several webinars on the impact Coronavirus is having on students and families and planning for the long-term supports that will be needed as we move forward.

#### Leanne Sublett (School Psychologist, Rocklin High School)

Leanne began as a School Psychologist in 2012 with the Elk Grove Unified School District. She has worked with little preschool students up to adult special education students. While in the Rocklin Unified School District, she has had the pleasure of working with preschool students, Elementary and currently serves the Rocklin High School community. In addition, as a member and developer of RUSD's current Crisis Response policy (BP 5141.52: Suicide Prevention), she supports our staff, students and families with prevention, intervention, working through suicidal ideation and recovery. She has a strong passion and desire to help others. Mental Health is an area of need throughout grade levels and life.

# Marlon Morgan (Founder and Executive Director of Wellness Together School Mental Health)

Marlon Morgan is the Founder and Executive Director of the California-based nonprofit organization, Wellness Together School Mental Health. Marlon began his career as a school counselor and a Licensed Professional Clinical Counselor. He has received special recognition from the U.S. Congress, California State Senate, and the California State Assembly for his innovative work promoting mental health and wellness in education. In 2016, Marlon was appointed by the California State Superintendent of Public Instruction (SSPI) to serve as a member of the Student Mental Health Policy Workgroup developing policy recommendations for the SSPI and the California State Legislature.

## Jerimiah Aja (Assistant Director of Wellness Together School Mental Health)

Jeremiah Aja is the Assistant Director for Wellness Together School Mental Health, a Registered Associate Professional Clinical Counselor, and the Blue Shield of California BlueSky Initiative Liaison. He has 20 years of experience in working with youth and families in a community setting. He holds a B.A. in Leadership from William Jessup University, a Master's degree from Asbury Theological Seminary, and an M.A. in Psychology from Brandman University.

## Hannah Anderson (RUSD, Assistant Director of Innovation and School Programs)

Hannah Anderson is the Assistant Director of Innovation and School Programs, within the Rocklin Unified School District. Hannah's leadership has focused on implementing a Multi-Tiered System of Supports with an overall emphasis on rigorous teaching and learning, building collaborative structures, and embedding support services. Hannah serves on the district's Positive Behavioral Interventions and Supports (PBIS) leadership team and acts as the District liaison for Homeless and Foster Youth.

#### Krista Meyers (Counselor, Rocklin High School)

Krista was a classroom teacher for ten years prior to becoming a counselor. She has taught various Science subjects from 4th - 12th grade and loves being in the classroom and working with students. She has worked in the Rocklin district for the past two years and has enjoyed learning more about how to support students both with both academics and social/emotional concerns.

#### MODERATOR:

## Diana Capra (RUSD Chief of Communication and Community Engagement)

Diana Capra (formerly Penna) is Chief of Communications and Community Engagement for the Rocklin Unified School District (RUSD).

Mrs. Capra devoted 19 years to CBS 13/CW 31. She served as the station's health reporter. She also spearheaded many important community campaigns touching lives throughout Northern California. She also is the recipient of two Northern California Academy of Television Arts and Sciences Emmy awards including a regional Emmy for Outstanding Community Services.

Diana Capra earned her bachelor's degree in English and Communication Arts from Villanova University. Prior to moving to CBS13/CW31 Sacramento, she worked as news anchor and reporter at various television stations (ABC, NBC and CBS) across the country. Her medical reports were also featured on more than 200 NBC television affiliates when she served as a national medical correspondent.