Rocklin Unified School District

PARENT & GUARDIAN RESOURCE NIGHT - PART II

November 2, 2017, 5:30 - 7:30 p.m. Appetizers from 5:30-6:00 p.m.
Rocklin Event Center, 2650 Sunset Blvd., Rocklin, CA 95677

Click here to RSVP – Space is Limited

Increasing My Child’s Wellness & Resiliency:
Stress and Substance Use Awareness in Student Mental Wellness

WHAT WILL PARENTS LEARN?
❖ Learn local trends, signs and symptoms of youth substance use
❖ Increase awareness of the risks of substance use and student mental health
❖ Further understand the connection between stress and substance use
❖ Acquire knowledge for increasing resiliency in our youth and community

FACILITATORS:
❖ Mike Mason, Parent, Program Manager of Outreach & Education - Kids First
❖ Alicia Rozum, Coordinator, Prevention Supports & Services - Placer County Office of Education
❖ Ariel Lovett, Deputy Director - Community Recovery Resources (CoRR)
❖ Nancy Taylor, LMFT - Community Recovery Resources (CoRR)
❖ Christina Ivazes, MPH, CHES, CCPS, Director - Coalition for Placer Youth